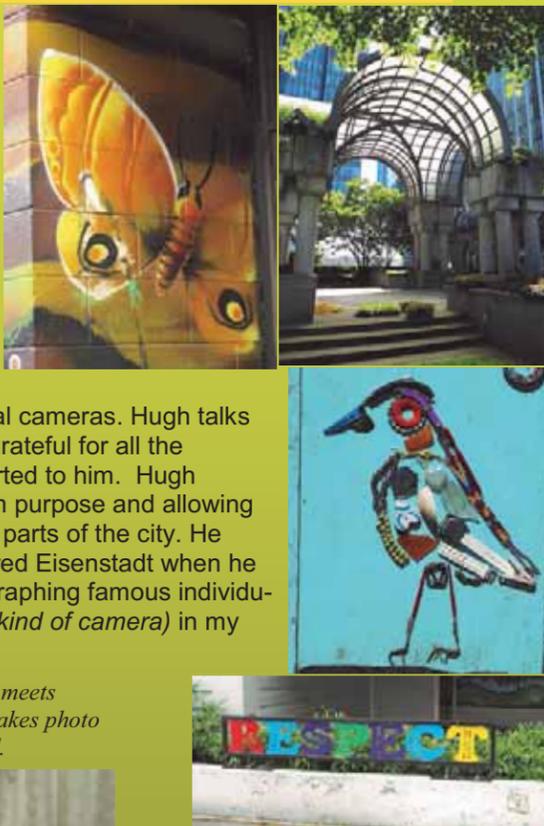


# Faces of The Kettle

The Photos shown to the right are examples of Hugh Luu's work in The Kettle's Photography Club. Hugh has had an interest in photography as a hobby since 1961 and names some of his sources of inspiration as being the French photographer Henry Cartier-Bresson and street photographer Robert Frank. Hugh has been part of the Lions Gate Camera Club but found it challenging with his social anxiety. Hugh was very pleased to find The Kettle's Photography Club as he was looking for the motivation to switch from film to digital cameras. Hugh talks about The Kettle as a safe place and is grateful for all the knowledge the facilitator Kevin has imparted to him. Hugh describes holding a camera as giving him purpose and allowing him to have a reason to explore different parts of the city. He compares the feeling to a quote from Alfred Eisenstadt when he was asked if he became nervous photographing famous individuals, "I'm a shy person, but with a Leica (kind of camera) in my hand, I am fearless".



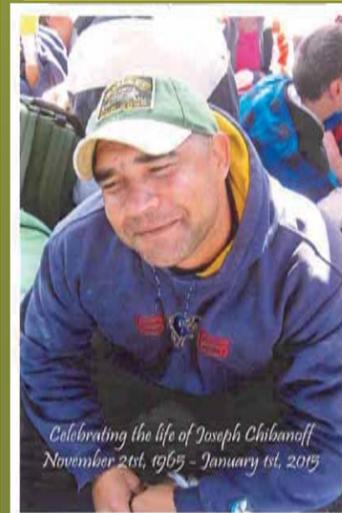
*Pictured below: The Kettle Photography Club meets every Thursday in the Drop-In at 130pm and takes photo walks in the commercial Drive neighbourhood.*



*On March 24th, The Kettle's Homeless Outreach Worker, George Mander, participated in the City's Homeless Count. He was joined by Vancouver's own Mayor Gregor Robertson.*



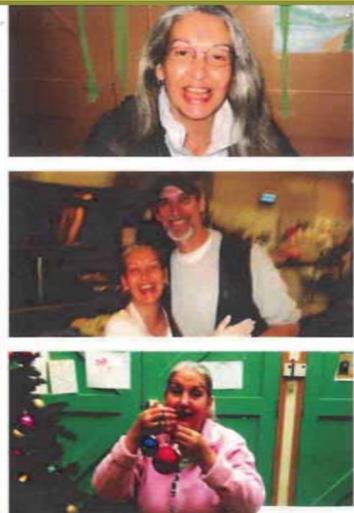
## This Issue's Guess That Baby is Staff Development Manager, Karen Johnson



*Celebrating the life of Joseph Chibanoff November 26th, 1965 - January 6th, 2015*



*In Loving Memory of Carlene Mary Petrowsky 10/29/57-11/25/14*



Want to get updates on events and new Kettle info?



The Kettle Society Facebook page is updated regularly with info on upcoming events and information regarding our programs and services. Check it out!



ISSUE

06

# KettleKonnection

Spring

2015

Priceless

## Guess that Baby

This Kettle staff has been with us for 14 years! She has worked 6 years at Peggy's Place and spent 7 years in housing. Most recently she has spent the past year working in Community Services. Can you guess who she is?



*Answer on page 8*

## Inside this Issue

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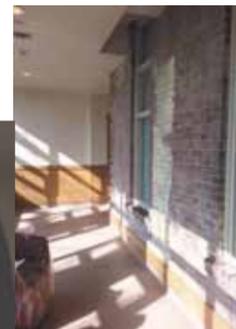
*The Kettle is thrilled to open the much anticipated Taylor Manor and offer 56 units of affordable housing to the community.*

## Introducing Taylor Manor...

This past March, The Kettle was very pleased to open our newest housing building, Taylor Manor. This completely renovated 4 storey heritage building will offer safe permanent supported housing to 56 individuals. The building will have 24 hour staffing and be managed by Tony Corrigan. When asked about the new building Tony expressed his joy to get everyone settled in and mentioned "I am really looking forward to seeing everyone again and getting to know them better..." The supportive services will follow the psychosocial model and offer tenants assistance with life skills such as shopping, cooking, cleaning, social, spiritual and personal effectiveness. Tenants will be able to take part in a wide range of social activities as well as have the opportunity to take part in rehab programming, meal programs, medication administration and advocacy needs.

The building is located at 951 Boundary Road with beautiful park and garden views. Each bachelor unit features 350 square feet, that include a self contained bathroom with shower and tub, as well as a full kitchen. Originally built in 1915, the building has retained many aspects of it's original Tudor Revival design. Beautiful stained glass and bare brick walls can be found by wandering through the spacious halls. The Kettle is so pleased to breath new life into this gorgeous building and bring much needed affordable housing into the community.

*"...the building has retained many aspects of it's original Tudor Revival design. Beautiful stained glass and bare brick walls can be found by wandering through the spacious halls."*



## Fundraising Events...

### The Kettle's 12th *Making a difference* Luncheon



Featuring Celebrated Canadian and mental health advocate

**MARGARET TRUDEAU.**

**THURSDAY, MAY 21, 2015**

**THE FOUR SEASONS HOTEL  
VANCOUVER**

Join us for this year's inspirational "Making a Difference" Luncheon featuring Margaret Trudeau as the keynote speaker. This "friend-raiser" and fundraiser for The Kettle Society, now in its 12th year, promises to be our best luncheon ever. All proceeds to benefit direct service programs at The Kettle.

TICKETS: \$100 available at [Eventbrite](#).

### Get Snow Globed at Harbour Centre



A huge Kettle thank you to Harbour Centre & Vancouver Lookout for raising \$5,822.82 for The Kettle through their "Get Snow Globed" promotion. Wow!



### Art Against Stigma Event 2014

This past November, The Kettle once again hosted the 'Art Against Stigma' event as part of the Eastside Culture Crawl. The walls of 1784 Hastings St. were completely lined with beautiful artwork of all sizes and mediums, making this year's display absolutely breathtaking to all that entered. The event spanned across 4 days with Expressive Arts groups open to the public on the Saturday and Sunday. A big thank you to all our hard working volunteers and generous sponsors who made this event possible!



Early this March The Kettle said a big thank you to Edgewater Casino for their donation of over \$15,000!



The Kettle's own Nancy Keough has been nominated for a 2015 Women of Distinction Award! Nancy, (left) with supporter Patty at the YWCA Announcing the Nominees celebration. The award recipients will be announced at the Gala on May 26. Congrats Nancy!!

**Coming Soon!**  
**The Kettle Carwash  
Fundraiser for  
Kettle Camping.**

**Dates TBA**



### Homeless Connect

Service providers and local agencies gathered together with interesting and informative displays this past February for The Homeless Connect event in Oppenheimer Park. In the warmth of a heated tent, people came in for free hearing tests, foot care, hair cuts, a chance at a raffle prize, a hot lunch and so much more. The Kettle joined the event to let folks know about the services and housing we provide.



# Winter Dinner Dance

This January The Kettle once again celebrated the annual Winter Dinner Dance. The event took place at The Maritime Labour Centre with over 300 Kettle members, residents, volunteers, and staff joining in on the fun. Dedicated volunteers from Bell, Vancity, the Whitecaps as well as city counsellor Andrea Reimer helped serve up and distribute turkey dinner and apple pie to all guests. The evening continued on with live music and dancing, and of course, a visit from Ole Saint Nicholas himself handing out personalized gifts to all children in attendance. Thank you so much to all the volunteers and staff who helped contribute to making this event possible and to Balloonatics party supply for the colourful balloons.



## What's been happening at The Kettle on Burrard?

When asked about a seasonal column mural, tenants at KOB echoed back to us their enthusiasm for doing "something with cherry blossoms" in the common area. From the idea to picking a design to the execution, many helping hands made this mural happen. As soon as the drawing and painting started, tenants stopped what they were doing to come into the space, watch, join in, and share their suggestions and encouragement. It was a joy to collaboratively enliven our space and celebrate our first spring at KOB.



# From Your Pen...

## We all Fall Down (sometimes)

There were times when I was told I was lucky to be alive I have been hit by a bus and a car at least these vehicles are coming down in size my mortal coil needed to be with people who's thought waves had dealt with similar experiences or even worse I found it and so much more.

It was called 'The Kettle' and as of next year I will be in my 16th or 17th season as a member of my second family while watching helplessly as some each year will never enter its welcoming doors.

So many have gone on to that bigger Kettle in the sky that's how this entity called life works so many cool people and others of various stages of friendship, then again, there is always that occasional loose end, I guess they'd be classified as jerks, the names of the fallen go on and on.

You never know who won't ever show up again but others slowly fill the void or that's what I tell myself there is always someone to talk to or to help you. I really try to keep my paranoia plus keeping other phobias to myself we all fall down once in a while then we are gone.

When my final days start ticking away I know members of my second family will continue to carry that immortal Kettle torch forever because there will always be people in need.

With people like these help shall be there in times of anxiety, grief, death, and life live long enough till no one needs this help what an incredible concept indeed.

Live on...The Kettle

By Robert McGillivray

*"The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it."* -Michelangelo

## Some thoughts on Bob Dylan

Bob Dylan had a voice that was instantly recognizable -just some- where deep it resonated. Is he a prophet? Lord only knows, but I do know that he and his music was the only star in my sky when I was trapped in a soul numbing food plant job. I would listen to his music to and from the job. At night, when I was falling asleep, I would listen to his record called 'Blonde on Blonde'. The last song on the album, called Sad Eyed Lady of The Lowlands would put me in a deep trance—I fell far inside myself and I could just feel my eyes vibrating under my eyelids. I listened to his first 5 albums exclusively before listening to 'Blood on the Tracks'. I was floored by how different this album was—he had had a bad motorbike accident and he had somehow lost "it" - that elusive quality of his earlier voice. These are just some thoughts on the man.

By Kelley Montgomery

Poems by John Allan Douglas

## What is time?

TO:  
 Canadians it is hockey  
 Americans it is money  
 English it is Tea Time  
 French it is Sex 'n' Wine  
 Mexicans it is siesta  
 Hindus it does not exist  
 Buddhists it is irrelevant  
 Elders it is running out!  
 Baby it is a beginning  
 Newlyweds it is hope  
 Divorcees it is hopeless  
 - I say, Time is  
 A thief!

## Sean O'Casey's Ghost

O'Casey dreamt me, I dreamt him  
 River Liffey yet runs riot thru Dublin  
 Life riot through my celtic head  
 Like that Irish river in high flood

O'Casey, Liffey, smile down on Us  
 Creative artists struggling to live  
 May we then transcend all Pain

And alchemy it into artistic gain...

## Food on Feet

Food glorious food  
 Puts me on my feet  
 Mangos so neat  
 Apples a treat  
 Sirloin not trendy  
 Mushrooms nerve endy  
 So inhale that milk chocolate  
 N' become 'willie wonka' Rocket!

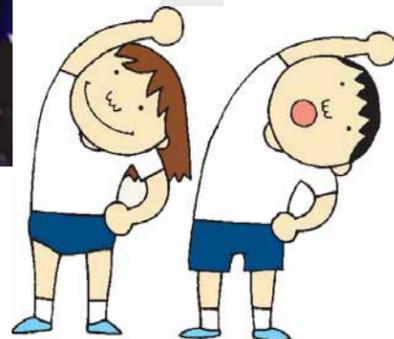
*Have an idea for an article? We would love to hear it! Article submission is open to staff, members, residents and volunteers. You can submit at any Kettle site in our submission boxes or directly to **Michelle** at 1725 Venables or by email to [mjerome@thekettle.ca](mailto:mjerome@thekettle.ca) We look forward to hearing from you.*

The Kettle Drop In **Baking Group** has been baking up a storm and making delicious treats each Thursday afternoon. So far the group has made sugar cookies, cupcakes, brownies, oatmeal cookies, and many more delicious items. Whether you are a seasoned baker or a beginner, the group is a great chance to share tips, socialize, and have fun reviewing new and familiar recipes.

Located in the Kettle Drop In, every Thursday at 2pm check in with Drop In staff, Britta, for more details.



**Yoga! Join Us!**  
Kettle clients and staff welcome



**When: Tuesdays from 5:15pm to 6:30pm**  
**Where: Housing Office, 1784 E. Hastings St.**  
**Cost: \$1 or 1 volunteer chore per session**

Class is led by certified Yoga Teachers appropriate for all physical ability and skill levels. Please wear comfortable clothing. Mats are provided or you can sit in a chair for chair yoga! Tea, snacks, and conversation after class (optional)

**Description:** Kundalini & Hatha Yoga are yogic technologies which focus on strengthening your nervous system, glandular system, and on bringing you more awareness of your mind/ body /soul connection. Yoga includes physical exercises and stretching, breathing techniques, meditation and mantra. Everyone is welcome and you don't need any experience to begin.

For more info, please call Laura at (604) 251-5862



**Kettle Tax Clinic April 2015**

Date	Time	Location
Wednesday April 8	10-12	Kettle Board Room
Thursday April 9	1-4	Kettle Board Room
Monday April 13	1-4	Kettle Board Room
Wednesday April 15	10-12	Kettle Board Room
Tuesday April 21	10-12	Kettle Board Room
Thursday April 23	1-4	Kettle Board Room
Monday April 27	10-12	Kettle Board Room
Wednesday April 29	1-4	Kettle Board Room

*Tax Season is upon us again!*

Come down and see us as per the schedule above and one of our friendly staff/volunteers will help you get your 2014 taxes filed. We are also offering a drop off service upon completion of our provided form. See Christine in reception for details at 1725 Venables St. Please note all previous tax years will not be done until May 2015. Thanks!

**Notice: Temporary changes to The Kettle Clinic**

Anna Cooper, The Kettle Clinic Nurse is taking a temporary leave of absence from the Clinic to work at the Raven Song Community Health Centre. During this time The Kettle Clinic will be open but at reduced hours. Nurses from the Robert and Lily Lee Community Health Centre will be at the Clinic to ensure the health care needs of The Kettle Community are met.



Dates of Leave: April 7, 2015 – mid August, 2015

Clinic hours during this time: **Monday, Wednesday & Thursday 9:30 – noon.**

Phone number (the same): 604-251-5237

Although she won't be the same nurse you are used to seeing, they are all part of Anna's team of community nurses in the neighbourhood and will do their best to offer the same care and attention you are used to receiving.

Please stop in and say hello and welcome them to the Kettle community.

**Important Changes to Advocacy Services**

Due to funding cuts from Vancouver Coastal Health (VCH), effective April 1, 2015 we will be losing the services of one full time advocate. The intake desk will now be closed for service on Wednesdays, although an advocate may be available in cases of emergency. We are saying a fond farewell to long-time advocate Wendy Sylvester, who is leaving The Kettle, and we thank her for her many years of excellent service to Advocacy clients. Kate Tauber will continue to staff the intake desk and clients can, as always, drop in for service without needing to make an appointment.

Due to these funding cuts, we are no longer able to assist clients with applying for Persons with Disabilities (PWD) benefits. We will continue to provide assistance with Income Assistance issues, landlord-tenant disputes, child protection issues and other income security issues. Please continue to come see us and we will do our best to help you.

VCH has discontinued funding of their advocacy programs at The Kettle Society and MPA society and have introduced the new System Navigator Program (expected to be operating by April 1, 2015). System Navigators are peer workers who can help clients with mental health issues in the areas of income security, residential tenancy and health benefits. We hope to have more information about the availability of this new service soon.

- Kris Sutherland, *Manager of Advocacy Services*



*"We are saying a fond farewell to long-time advocate Wendy Sylvester, who is leaving The Kettle, and we thank her for many years of excellent service to advocacy clients."*

**New Advocacy Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>OPEN</b> 930am-4pm <i>Closed</i> 12pm-1pm <i>For lunch</i>	<b>OPEN</b> 930am-4pm <i>Closed</i> 12pm-1pm <i>For lunch</i>	<b>CLOSED</b>	<b>OPEN</b> 930am-4pm <i>Closed</i> 12pm-1pm <i>For lunch</i>	<b>CLOSED</b>