



The Kettle Society

Strength through mental health

KETTLE WISH LIST

IN KIND GIFTS – NEEDED BY LOW-INCOME CLIENTS ALL YEAR LONG

Grocery gift cards

Tickets & passes to cultural or sporting events

New toothbrushes & toothpaste

New razors, combs & brushes

Toques & gloves

Bus tickets

Art supplies & framing supplies

New socks & underwear

\$5 McDonalds gift cards

New sleeping bags

Raingear

Small tarps

Hoodies

Warm Jackets

\$35 – will provide new **socks** and **blankets** for 5 people during the winter

\$50 – will provide **bath towels**, **soap**, and **shampoo** for the free showers for 1 month

\$120 (only \$10 per month) – will provide **Ensure food supplement** for 30 malnourished people

\$250 – will give an inner-city client the chance to experience the **Joy of the Outdoors** at our 3-day Kettle camping trip – it changes peoples' lives

\$500 – will provide someone at-risk-of-homelessness with **temporary accommodation** through the Kettle Emergency Fund

\$1,000 – will pay for 1 week of **hot lunches** for 500 people

\$5,000 – will pay for the **New Year's dinner** attended by 400 clients and their children and families in January – looked forward to all year

\$10,000 – will pay to keep The Kettle **open EVERY day over the Holiday Season** and provide a **hot turkey dinner with all the trimmings** for 150 clients